

**My Clinic Name
1234 Somestreet
AnyCity, CA 78394
(555) 555-1234**

Psychological Evaluation

Confidentiality Statement: This report is for professional use only. Further distribution of this report is prohibited without consent.

Name: Jill Person

Age: 28

Date of Birth: 1/1/1980

Date(s) of Assessment: 6/14/2008, 7/5/2008

Test/s Administered:

Beck Anxiety Inventory (BAI)

Beck Depression Inventory-II (BDI-II)

Millon Clinical Multiaxial Inventory-III (MCMI-III)

Minnesota Multiphasic Personality Inventory-2 (MMPI-2)

Shipley Institute of Living Scale

Reason for Referral:

Jill was referred by her probation/parole officer. Jill was referred for an evaluation because her probation officer would like some recommendations as to how to best supervise her and to determine whether she has any mental health needs that should be addressed.

Family of Origin:

Jill is of African American ethnicity. Jill was born in Arkansas. She was also raised in Illinois and Wisconsin. Jill's parents divorced when she was 5 years old. Her mom remarried when she was 7 years old. Her dad remarried when she was 9 years old. Jill was physically abused by her father. She was sexually abused by her neighbor. She was verbally abused by her brother and sister. There was parental domestic abuse by her father and mother.

Her mother did not complete high school. She works in bartending and cooking. Her mother has had the following medical problems: Arthritis and Blood Clots. She has had the following mental health problems: Anxiety and Depression. She has had the following AODA problems: Alcohol abuse and Cannabis use. Her relationship with her mother is somewhat conflictual.

Jill's father is no longer living. Her father was a high school graduate. He worked in construction. Her father has had the following medical problems:

Anemia and Emphysema. He had the following mental health problems: Gambling addiction and Suicide attempts. He had the following AODA problems: Alcoholism and Cocaine use. Her relationship with her father was very good.

Jill has a 24-year-old brother named John. Her brother is a high school graduate. Her brother has worked in cleaning/janitorial. John had the following medical problems: Chronic Back Pain and Hepatitis. Jill's brother had these mental health problems: Bipolar Disorder and Dyslexia (Reading Disorder). Her brother has had the following AODA issues: Alcoholism and Cannabis use. Jill and John have a somewhat conflictual relationship.

Jill has a 22-year-old half-sister named Jane. Her half-sister dropped out of high school. Her half-sister has worked in bartending and food services. Her half-sister has had the following medical problems: Chronic Fatigue Syndrome and Gastric Bypass Surgery. Jill's half-sister has had these mental health problems: Depression, Obsessive-Compulsive Disorder (OCD). Her half-sister has had the following AODA issues: Alcohol abuse and Cocaine use. Jill and Jane have a highly conflictual relationship.

Social:

Jill has a 23-year-old husband named Jim. Jill's husband has a GED/HSED. Jim works in carpentry. Her husband has had the following medical problems: Anemia and Diabetes - Type I. Jill's husband has had these mental health problems: Anxiety. Her husband has had the following AODA issues: Alcohol abuse and Sedatives/hypnotics/anxiolytics use. Jill and her husband have been together for 1 year. Jill and Jim have a satisfactory relationship. Jill reported no occurrences of domestic violence.

Jill had a previous boyfriend. The relationship lasted 9 months. Their relationship was highly conflictual. Jill reported the existence of domestic violence. She had a previous boyfriend. The relationship lasted 2 years. Their relationship was good. Jill reported no occurrences of domestic violence.

Jill has a 3-year-old son named Jimmy. Jimmy is in preschool. Her son has had the following medical problems: Ear Infections and Eczema. Jill's son has had these mental health problems: Attention Deficit/Hyperactivity Disorder (ADHD). Jill and Jimmy have a good relationship. Jimmy has had moderate behavioral problems. Jill has used spankings and yelling to discipline Jimmy.

Jill has a 6-year-old foster daughter named Suzy. Suzy is in elementary school. Her foster daughter has had the following medical problems: Headaches and Pneumonia. Jill's foster daughter has had these mental health problems: Oppositional Defiant Disorder. Jill and Suzy have a distant relationship. Suzy has had moderate behavioral problems. Jill has used time-outs and removal of privileges to discipline Suzy.

Jill is currently living in an apartment in Wisconsin. She is residing with her husband and sons. Jill has also lived in Illinois. Jill and her family recently moved to a new apartment because the rent for their old apartment became too expensive for them.

Jill has a few friends. She occasionally has contact with her friends. Jill likes computers, music and television. Jill's religious beliefs follow Christian.

Jill was in a car accident with her parents when she was five years old. She was badly injured, as were her parents. She recalls the incident in great detail and thinks about it occasionally.

Education:

Jill completed 10th grade. She has received mainly C's and D's in school. Jill had special education for learning disabilities and emotional disturbance. Jill had to repeat 2nd grade and 6th grade. Jill had many detentions. She had frequent truancies. She also had suspensions from school.

Employment:

Jill is currently employed. Her current jobs include:

- Cashier for 3 months
- Cleaning for 6 months

Her previous jobs include:

- Fast food for 1 month
- Sales for 9 months

Jill has been fired two times in her employment history. She has energy assistance, housing assistance and WIC as additional income.

Medical:

Jill has the following medical conditions:

- Acid Reflux for the past 6 years
- Asthma for the past 9 years
- Colitis for the past 3 months

Jill is taking the following medications:

- Albuterol
- Pepcid

Jill has had the following medical problems in the past:

- Abdominal Surgery in 2006
- Chickenpox in 1997
- Chronic Bronchitis in

Her mother had exposed Jill to maternal alcoholism, maternal drug use and

maternal smoking when she was pregnant. Jill had her last physical in 2007. Jill's last menses was six days ago. She had 3 live child births. Jill had 1 miscarriages.

Mental Health:

Jill has been undergoing psychotherapy with Transitions Therapy for the past 4 months. Before that she went to Life Enhancement Center for a period of 1 year. She received psychological testing by Dr. Kurt Jones in 2005. She also received psychological testing by Dr. Melissa Johnson in 2003. Jill was hospitalized at St. Mary's Hospital in 2007 for 3 days. She was also hospitalized at St. Francis Hospital in 2006 for a period of 1 week. Jill has had the following diagnoses in the past:

Axis I

- Major Depressive Disorder
- 303.90 Alcohol Dependence
- 291.81 Alcohol Withdrawal
- 300.00 Anxiety Disorder NOS

Axis II

- 301.83 Borderline Personality Disorder

Jill has been taking the following medication/s:

- Alprazolam.
- Effexor
- Valium

She has taken these medications in the past: Fluoxetine, Lexapro and Paxil.

Jill attempted suicide in 2005 by cutting. She also attempted suicide in 2004 by overdosing. Jill has engaged in the following methods of self mutilation: cutting, burning and picking. Jill has reported that she has been aggressive towards others by breaking things, fighting, kicking and punching.

AODA:

Jill is currently drinking caffeine in moderate amounts daily. She is currently drinking alcohol in small amounts a few times per week. She is currently smoking cannabis in heavy amounts daily. She was inhaling cocaine in small amounts once in the past. She received the following treatment for AODA issues: Narcotics Anonymous, outpatient and support group.

Legal:

Jill has had the following criminal charges:

- Charge: Assault/Battery Year: 2007 Outcome: probation
- Charge: Disorderly Conduct Year: 2006 Outcome: community service
- Charge: Forgery Year: 2004 Outcome: charges dropped

Jill had the following non-criminal lawsuits or other court cases:

- Lawsuit: sued Person/Organization: Tom Miller Year: 2003 Outcome: lost
- Case: bankruptcy Year: 2006
- Case: child custody Year: 2005

Symptoms:

Jill reported the following symptoms: sadness, irritability, anger, guilt, suicidal ideation, general anxiety, obsessions, compulsions, very high energy, low energy, decreased appetite, weight loss, insomnia, auditory hallucinations, euphoria, low motivation and low self esteem.

Observations:

Jill appeared to have been slightly overweight. Jill looked casual and clean in dress, and had appropriate hygiene. Jill wore eyeglasses. She had body tattoos. She appeared to be of the stated age. Her speech was fluent, was of normal tone and was of normal rate. She moved slowly. She was lethargic. She was cooperative and friendly. She made occasional eye contact. Her mood was normal and her affect was blunted. She seemed alert and attentive and was oriented to person, place, situation and time. She appeared to put forth adequate effort during the interview process. Her immediate memory was intact. Her short-term memory seemed intact. Her long-term memory seemed intact. Jill's thought organization was organized and sensible. She offered an excessive amount of information and her insight was normal. Her judgment was limited. She appeared to be functioning in the average range of intelligence.

Test Results:

The BAI indicated significant anxiety. The BDI-II indicated significant depression. The MCMI-III suggested that she has personality traits similar to those in individuals with Borderline Personality Disorder and Antisocial Personality Disorder. It also suggested that she may have Bipolar Disorder. She produced a valid MMPI-II profile and it suggested that she has significant problems with depression and anxiety, particularly symptoms consistent with generalized anxiety disorder. The Shipley Institute of Living Scale suggested that her intellectual level is within the normal range.

Diagnosis:

Axis I:	303.90	Alcohol Dependence
	296.80	Bipolar Disorder NOS
	300.02	Generalized Anxiety Disorder
Axis II:		Antisocial Personality Features
	301.83	Borderline Personality Disorder
Axis III:		Acid Reflux
		Colitis
		Asthma
Axis IV:		Problems with primary support group

Axis V:

Problems related to the social environment
Problems related to interaction with the legal
system/crime
GAF = 45-55 (current)

Recommendations:

Anger management treatment
Individual psychotherapy
Inpatient hospitalizations when necessary
Monitor for risk of suicide
Monitor self-harm
Outpatient AODA treatment
Psychiatric care
Regular physical examinations
Regular drug and alcohol screening

Thank you for this referral. Please contact me if I can be of any further assistance.

John Smith, Ph.D.
Licensed Clinical Psychologist